

Ebb & Flow

Special Take-Out and Delivery Menu

10:30 AM-7PM

Call us for Take-Out and to hear our daily specials: 718 – 618 – 9775

Eggs & Toast 9

2 eggs scrambled, white pullman toast

Add on: Bacon 3 Sausage 3

Biscuit Sandwich 10

sausage, egg and cheese

Tuna Sandwich 9

ciabata, lettuce, tomato, pickles

Cobb Salad 14

Romaine, tomato, chicken, hard boiled egg, bacon

Soup of the day 6.50

Estuary Burger 16

niman ranch beef, smoked gouda, estuary ketchup, fries

Roasted Chicken 19

roasted potatoes, broccoli rabe, chicken jus

Spaghetti 15

marinara sauce, shaved parm

add meatballs 4

Cast Iron Mozzarella Pizza 13

house made tomato sauce

add pepperoni 3

Hot Dog 8

pickle relish, yellow mustard, potato roll

Grilled Cheese 8

american cheese, white bread

Sides

Mixed Greens 8

French Fries 7

Beef Chili 6/3

Meatballs 8/4

Broccoli Rabe 7

Roasted Potatoes 7

Family Style Meal Kit: Chef Danny's Sunday Gravy

Spaghetti and Meatballs

with dry spaghetti, tomato sauce, parmigiano, garlic bread, mixed greens salad, Italian vinaigrette, biscotti, and more to complete your homemade meal

\$60 feeds 4; add bottle of red wine +20